

Sexual Assault, From Childhood to Adulthood, Consequences and Victim Support by Omer St. Onges, Leo St. Onge and Fanie Charette

During this three-day training, we propose to address the following topics to equip sexual assault victims and caregivers:

- Definitions of some types of sexual assault
- The sexual abuser: some definitions
- Cognitive distortions in the child abuser
- The aggressors of adult women
- Cognitive distortions in the abuser of adult women
- Sexual assault by children
- Teens who sexually assault children
- Adolescents who assault peers or adults
- The treatment of sex offenders in psychotherapy (brief overview)
- Consequences for child victims of sexual assault
- Post-traumatic stress
- Factors influencing the development of consequences in children
- Adult consequences of sexual abuse experienced in childhood
- Sexual assault and mental health
- Consequences of sexual abuse from childhood to adulthood
- The role of family and / or caregivers when a child confides
- The reporting obligation
- Consequences of sexual abuse experienced in adulthood
- Factors influencing the diversity of consequences for adult victims
- Support the adult victim
- The basic rules of victim support
- Security.

- Confidentiality :
- Stigma :
- First contact with a victim of sexual violence
- Importance of the first interview
- The speaker who does not know what to say
- The worker faces painful memories
- Help the victim regain control of their life
- Victim assistance services, public and private references

The purpose of the training is to support victim interventions in the community and to break the cycle of sexual violence. The training also aims to help participants understand the cognitive distortions that inhabit the abusers, thus helping them to have an objective view of the problem. We are committed to providing stakeholders with concrete examples that will help them connect with what they experience or have experienced in their daily practice. It goes without saying that parents who will also participate in the training may be equipped to cope with everyday situations.

Biographies:

Léo St-Onge: Traditional Chief of the Algonquian family, leader of the midewin Lodge following the midewin traditions and participating in spiritual healing with his brother Omer, Director General of the AMIK (aboriginal fisheries)

Omer St-Onge: Crab fisherman since the beginning of time, joker, lap player and orator. Man of the midewin tradition and participant in spiritual healing with his brother Leo. Leader, also from the midewin Lodge and presenter of the Utei conference. Singer of charm and traditional songs in his spare time ...

Fanie Charette: Specialized Educator and Human Relations Officer at the Montréal Addiction Rehabilitation Center for 19 years. Specialized in addiction and group animation. Mide 1st degree, helping in the midewin lodge, participates and helps spiritual healing with Léo and Omer St-Onge