

Family Violence by Dennis Windego

The family violence workshop is designed to develop skills in workers and other support people who assist victims of family violence. Through lectures and role-play, participants will learn 8 general methods of coercion (brainwashing) by perpetrators to “traumatically bond” their victim. Victims living in family violence often struggle with leaving the situation. They often feel hopeless, powerless and may feel depressed and suicidal. By understanding these methods helpers will gain valuable knowledge and tools to enhance their intervention skills and help their clients restore their lives.

Bio: Dennis Windego is a well-respected trainer and psychotherapist in the area of Post-Traumatic Stress Disorders and Complex Trauma. Dennis has been providing one on one, family and group sessions for over 20 years within outpatient treatment settings in First Nations communities across Canada. He has been a guest speaker at many conferences and healing gatherings involving the judicial, education and health systems. Dennis is a survivor of residential school, alcohol and drug abuse and family violence. It is with this knowledge and his personal healing journey that has made him the admirable therapist, activist and teacher he is today and the reason why he can relate so personally to people. Dennis has helped many people in overcoming trauma and deal with unfinished business stemming from their childhood and to live more empowering lives.